W = wheat O = oats S = soya M = Milk N = nuts E = eggs Mus = mustard	
Sul = sulphites C = celery F = fish CRU= crustaceans SE = sesame	
Bread rolls wholemeal	ws
Bread rolls White	ws
Stuffing	wo
Apple sauce	
Pasta with green pesto and peppers	WMNE
Tomato, red onion and basil salad	
Potato salad	E Mus
Cucumber and Mint salad with a light Yoghurt dressing	M
Sliced beef tomatoes and Rocket salad	
coleslaw	E Mus Sul
Rocket peach and parma ham	
New potato salad with cracked black pepper light mustard dressing	E Mus
Red and white cabbage chunky coleslaw topped with Walnuts	E Mus Sul N
Mixed bean salad in a tomato and garlic dressing	Sul
Indian sag aloo potato salad	
pasta summer veg salad with honey and mustard dressing	W Mus C
Roasted vegetable couscous salad	Mus W
Roasted med veg pasta salad with olives and aubergines	W
Marinated chargrilled vegetables	
Waldorf salad	ECN
Curried rice with turmeric rice, lentils	E
Oriental coleslaw: cabbage, beansprouts, grated carrot, sesame oil and soy sauce and coriander garnish	N SW
Thai noodle salad, with sliced peppers, onions and mangetout	wм
Mixed leaf salad (cos, rocket baby spinach frisee)	
Cherry tomato, roasted pepper with pesto olive oil	MNE
Mixed baby tomatoes with Mozzarella and torn basil	м
Greek Salad - Lettuce, tomatoes, cucumber, black olives and feta	м
Caesar Salad (cos lettuce with Caesar dressing, parmesan and croutons)	MEW
hot new potatoes in garlic butter	м
Hot Jacket potatoes or roast potatoes	м
SALAD BAR: SHREDDED ICEBERG, CUCUMBER, SWEETCORN, GRATED CARROT, MIXED BELL PEPPER AND CHERRY TOMATOES. ALL INDIVIDUALY SERVED IN BOWLS	
<u>CANAPES</u>	
Smoked salmon canapés to include: blinis: cream cheese,	WMEF
Selcection of Avocado and prawn crostini, Salsa and goats cheese blinis, Pate and cranberry	E M W CRU
Mni duck pancakes	S W SE
Sweet potato bites	мw
Mini Indian selection – bhajis, samosas	w

Stuffed pepper with cream cheese	мм
Thai chicken satay	W M
Chicken tikka sticks	м
Spring rolls –vegetable.	S W SE
<u>Starters</u>	
Prawn cocktail with bread and butter £4 per person	CRUWEM MUS
Melon (for veggies) £3.50 per person	
Smoked salmon with wholemeal bread and a horseradish glaze	F W M SUL
Tomato, Mozzarella and basil, drizzled with extra virgin olive oil	Μ
BUFFET	
chicken tikka skewers	Μ
mini chicken and salsa fajitas	w
falafel with yogurt and mint dip	
mini pizzas	W M
mini quiches	WEM
chicken drumsticks	
Mini indian bites (samosas, bhajis, pakora and aloo tikka)	W M
cracked pepper potato skins	
cajun chicken fillets	
salmon, rocket and parmesan bites	м
king prawn skewers with lemongrass	CRU
marinated salmon skewers	F
duck spring rolls	W SE SUL S
sandwich selection	
Bacon butties-	WМ

BBQ MENU:	
Rump Steak	
Fillet Steak	
Ribeye steak	
Pork sausages with bread rolls	W
chicken breast	
cajun chicken	
chicken kebabs	
beef kebabs	
lamb kebabs	
salmon and king prawn parcels (in garlic olive oil)	CRU F
seabass	F
salmon fillet	F
vegetable kebabs	
minted lamb chops	sul

pork spare ribs	
homemade hamburgers with bread rolls	w sul
standard burgers with bread rolls	w sul
VEGETARIAN OPTION:	
Cheese and sauteed onion quiche	WEM
Roast Mediterranean vegetable quiche	WEM
Hot vegetable parcels (non pastry) gluten free and can be vegan upon request.	MN
Roasted tomato and goats cheese tart – served hot	WME
Hot vegetable stir fry £5 per person	
Banoffe pie	мw
Raspberry pavlova	EM
summer fruit pudding	ws
profiteroles with chocolate sauce	EMSW
Lemon Meringue Pie	EMW
Tiramisu	EMW
Lemon tart	EMW
Caramalised apple tart	WEM
Vanilla cheesecake	MWS
white chocolate and raspberry brulee cheesecake	MWS
chocolate Fudge cake	EMSW
Toffee praline cheesecake	EMSWN
Key lime pie	E M S W SUL
Strawberries and cream	м
Cheeseboard £4 per person to include 4 cheeses, crackers, grapes, apples and celery	W D

UPDATED AND CHECK FEBRUARY 2018

HOGROAST CATERING COMPANY